



# **SES COLLEGE SREEKANDAPURAM**

(Accredited by NAAC with 'B' Grade) Affiliated to Kannur University

## Criterion 7

### Institutional Values and Best Practices

#### **7.3 Institutional Distinctiveness**

**7.3.1 Portray the performance of the Institution in one area distinctive to its priority and thrust**

## Pre-marital Counselling

Counselling Centre- SES College, Sreekandapuram in collaboration with the Department of Minority Welfare Government of Kerala organized a four-day Pre-marital Counseling course. The classes led on different topics as followed by Healthy Family Relations by Sri. Moidu sir on 15/12/2021, Inter-personal Relationship by Sri. Ahammed Shareen on 16/12/2021, Family Relation by Sri. Pradeepan Maloth on 17/12/2021 and about Legal aspects of marriage on 16/12/2021.

Counseling helps to make sure a strong and healthy relationship throughout our life. Premarital counseling helps to improve a couple's relationship before marriage. Thus, a four-day pre-marital counseling programme is arranged on the college campus under the auspicious minority welfare department.

Minority Welfare Department, Government of Kerala

**PREMARITAL COURSE 2021-22**


**CCMY Thalassery**

**SES COLLEGE**

Date	Topic	Faculty
15-12-2021	<b>10AM TO 1PM</b> MARRIAGE NEED AND FUNCTIONS, IMPORTENCE OF MARRIAGE AND RELIGIOUS ASPECTS OF MARRIAGE  <b>1.30PM TO 4.30PM</b> HEALTHY FAMILIAL RELATIONS – FOR HAPPY MARRIED LIFE	MOIDU P 9497297921
16-12-2021	<b>10AM TO 1PM</b> INTERPERSONAL RELATIONSHIP AND EFFECTIVE COMMUNICATION IN MARRIAGE  <b>1.30PM TO 4.30PM</b> HUSBAND-WIFE RELATIONSHIP AND COMMUNICATION IN HUSBAND & WIFE RELATION SHIP	NEETHU K JOSE 8547996336
17-12-2021	<b>10AM TO 1PM</b> MARRIAGE AND FINANCIAL MANAGMENT , BUDGET FOR FAMILY DESIGNING  <b>1.30PM TO 4.30PM</b> CHILD CARE, PARENTING	AHMED SHEREEN 9895572077
18-12-2021	<b>10AM TO 1PM</b> MARRIAGE LEGAL ASPECTS OF MARRIAGE AND CONFLICT RESOLUTION IN FAMILY  <b>1.30PM TO 4.30PM</b> MARRIAGE AND SEXUAL RELATIONSHIP	ADV. SHEELA 9446165620

## Students Participation

Name of the Programme	Date	Name of the Resource Person	Number Students participated
Pre-marital Counselling	15/12/2021	Healthy Family Relation – Sri. Moidu (Trainer and Counsellor)	45
	16/12/2021	Inter-personal Relationship – Sri. Ahammed Shareen (Trainer and Counsellor)	25
	17/12/2021	Family Relation – Sri. Pradeepan Maloth (Trainer and Counsellor)	45
	14/2/2022	Legal aspects of marriage	33

  
 DEPARTMENT OF MINORITY WELFARE  
 GOVERNMENT OF KERALA  
 &  
 SES COLLEGE SREEKANDAPURAM  
*Counselling Centre*  
**Pre Marital Counseling Course**  
 4 DAY SEMINAR  
 INAUGURATION: **Dr. K V PHILOMINA**  
 (Sreekandapuram Municipal Chairperson)  
 PRESIDENTIAL ADDRESS: **Dr. DOMINIC THOMAS**  
 (Principal, SES College)  
**About the Programme**  
**Muneer T K** (Principal, CCMY THALASSERY, Minority Welfare Department)  
 Programme Coordinator: **Dr. Sunitha Joseph**  
 (Convenor, Counselling Centre)  
**DATE : DEC 15-18, 2021**  
 Coaching centre for minority youth

**കൗൺസലിംഗ് കോഴ്സ്**  
 ശ്രീകണ്ഠപുരം • തൃശ്ശൂർ ക്ഷേമ വകുപ്പിന്റെയും എസ്.ഇ.എസ്. കോളേജ് കൗൺസലിംഗ് സെന്ററിന്റെയും നേതൃത്വത്തിൽ വിവാഹ പൂർവ്വ കൗൺസലിംഗ് കോഴ്സ് തുറന്നു. ഡോ. കെ.വി.ഫിലോമിന ഉദ്ഘാടനം ചെയ്തു. ഡോ. സുനിത ജോസഫ്, ടി.കെ.എസ്.പി. വി. മെയ്തൂ എന്നിവരാണ് 4 ദിവസം നീണ്ടു നിൽക്കുന്ന കോഴ്സ് നയിച്ചത്. പ്രിൻസിപ്പൽ ഡോ.ഡൊമിനിക്കു തോമസ്, ഡോ. ടി.ജെ.സജീഷ് ടി.കെ.ആഫില എന്നിവർ പ്രസംഗിച്ചു.

*Pre-marital Counselling*



The banner features a portrait of a man in a white shirt and glasses on the left. On the right, it displays logos for the Government of Kerala and SES College. The text reads: "DEPARTMENT OF MINORITY WELFARE GOVERNMENT OF KERALA & SES COLLEGE COUNSELLING CENTRE", "Pre Marital Counselling Course", "Date : Dec 15-18-2021", "COACHING CENTRE FOR MINORITY YOUTH-THALASSERY", and "VENUE: SES COLLEGE, SREEKANDAPURAM".



*“Counselling is a series of direct contact with the individual which aims to offer him assistance in changing the attitudes and behaviour.”*

- Carl Rogers

## Extension of counseling service

Kudumbasree District Mission and SES College Counseling centre started an exclusive counseling center at the SES College campus. It gives guidance to the students and parents.

### Inauguration of ‘Snehitha’ at college

Name of the Programme	Date	Name of the Resource Person	Number Students participated
Counselling Class – Gender Sensitisation	11/17/2021	Sex and Gender – Baby Rehana Sexual Identity – Reena. D Patriarchy – Smt. Darshana Strategical and Practical Gender Needs – Sri. Naile K N	73 51 51 51

